

Worship at St Luke's this weekend

Sunday am: Holy Communion
(Hymns: MP 582, TIS 145, TIS 585, TIS 351)

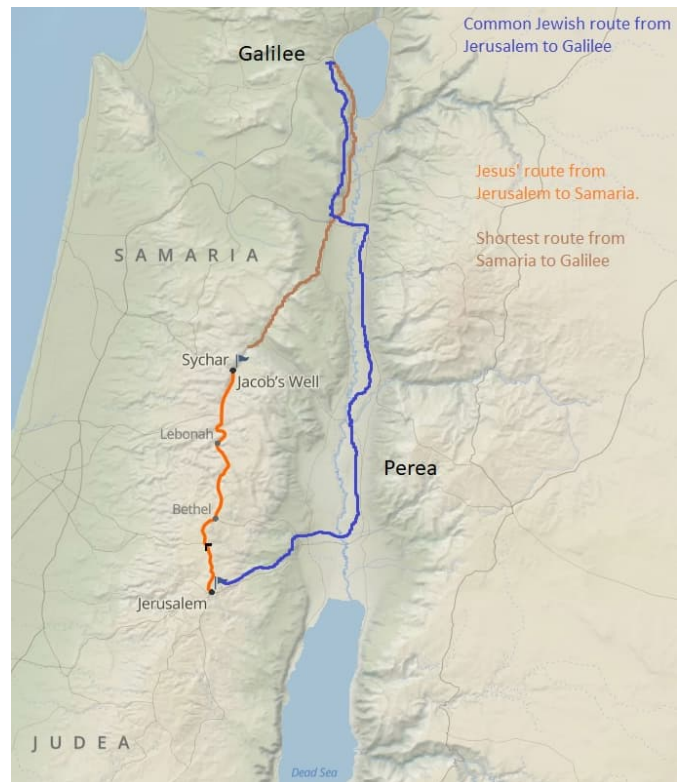
Sunday 9am: Family Service (also streamed via ZOOM*)
(Hymns: MP 1040, MP 1008, MP 1072, MP 1141)

* <https://zoom.us/j/7210725462> or by telephone (07 3185 3730, meeting ID 721 072 5462).
Contact the office for the password.

'The water that I will give,' says the Lord, 'will become in you a spring of water welling up to eternal life.'

Rev'd Timothy writes...

In our Lenten journey with Jesus this week we find Jesus travelling back to Galilee from Judea (details in the few verses before we start our reading). We are told that Jesus "had to go through Samaria" (John 4:4), however that was not a geographical necessity. There was historical animosity between the Jews and the Samaritans and so, although a route through Samaria was shorter, many chose to detour via the Transjordan. Jesus however chooses to go the shorter route, and he does more than just go through Samaria, he positively goes to Samaria and engages with the woman at the well.



For Jesus then, the journey was as important as the destination. We know that his destination was the events surrounding his death, resurrection and ascension, the means by which God would reconcile all people to Godself. But this was not just a future event, it had implications in the present and Jesus' speaking with the Samaritan woman illustrate that reconciliation is something that Jesus brings about in the now, and not just in the 'eternity' to which we look.

What we do today as people of God matters.

Lent at St Luke's

As we travel through Lent, here are some of the ways in which we aim to add meaning to our journey:

Sunday services: I invite you all to arrive early for our Sunday services. I will ring a bell and read the sentence of the day five minutes before the service is due to commence, and then encourage you to sit silently in prayer until we sing the opening hymn. If you arrive after this time, please enter quietly.

Every Wednesday at 9.30am: Eucharist at St Luke's (St Luke's Connect on the last Wednesday of the months).

Tuesdays 10am or Thursdays 7pm, starting 17/19 February: Lent study group using the book "Uncharted Territory" by Rev'd Dr Canon Fran Grimes (in the Boardroom). *If you are unable to come to the sessions, but would like a copy of the book, please see June Nicholson.*



Readings for the Third Sunday in Lent

Exodus 17:1–7 The people's thirst turns to complaint, yet God brings water from the rock.

Psalm 95 A song that remembers both faithfulness and rebellion, calling us to listen today.

Romans 5:1–11 Through suffering comes endurance, through endurance hope; God's love is poured out like water.

John 4:5–42 At a well in the heat of the day, a weary pilgrim meets the One who offers living water.

First reading

A reading from the book of Exodus

¹ From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. ² The people quarrelled with Moses, and said, 'Give us water to drink.' Moses said to them, 'Why do you quarrel with me? Why do you test the Lord?' ³ But the people thirsted there for water; and the people complained against Moses and said, 'Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?' ⁴ So Moses cried out to the Lord, 'What shall I do with this people? They are almost ready to stone me.' ⁵ The Lord said to Moses, 'Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. ⁶ I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink.' Moses did so, in the sight of the elders of Israel. ⁷ He called the place Massah and Meribah, because the Israelites quarrelled and tested the Lord, saying, 'Is the Lord among us or not?'

Exodus 17: 1-7

Psalm 95

¹ Come! Let us sing to the Lord:
let us praise with joy the rock of our
salvation.

² Let us enter his presence with
thanksgiving:
we shall sing joyfully to him with psalms.

³ For the Lord is a great God:
a great ruler above all gods.

⁴ In his hands are the depths of the
earth:
the peaks of the mountains are his.

⁵ The sea is his for he made it:
his hands formed the dry land.

⁶ Come! Let us worship and bow down:
let us kneel before the Lord our maker.

⁷ For he is our God:
we are the people of his pasture,
and the sheep held by his hands.

⁸ If today you would hear his voice—
'Harden not your hearts as at Meribah:
as on that day at Massah in the
wilderness;

⁹ 'Where your forebears challenged me:
testing me though they had seen my
works.

¹⁰ 'For forty years I grieved for that
generation and said:

"They are a people whose hearts have strayed,
they do not know my ways";

¹¹ 'Where I pledged in my anger:
"They shall not enter my rest."'

Psalm Copyright © Matthew P. Anstey. All rights reserved. These psalms are being trialled and we invite you to submit feedback online at www.ansteypsalter.com

Second Reading

A reading from the letter to the Romans

¹ Therefore, since we are justified by faith, we have peace with God through our Lord Jesus Christ, ² through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. ³ And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, ⁴ and endurance produces character, and character produces hope, ⁵ and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us.

⁶ For while we were still weak, at the right time Christ died for the ungodly. ⁷ Indeed, rarely will anyone die for a righteous person—though perhaps for a good person someone might actually dare to die. ⁸ But God proves his love for us in that while we still were sinners Christ died for us. ⁹ Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. ¹⁰ For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. ¹¹ But more than that,

we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

Romans 5:1-11

Gospel Reading

A reading from the gospel of John

⁵ [Jesus] came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. ⁶ Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.

⁷ A Samaritan woman came to draw water, and Jesus said to her, 'Give me a drink'. ⁸ (His disciples had gone to the city to buy food.) ⁹ The Samaritan woman said to him, 'How is it that you, a Jew, ask a drink of me, a woman of Samaria?' (Jews do not share things in common with Samaritans.) ¹⁰ Jesus answered her, 'If you knew the gift of God, and who it is that is saying to you, "Give me a drink", you would have asked him, and he would have given you living water.' ¹¹ The woman said to him, 'Sir, you have no bucket, and the well is deep. Where do you get that living water?' ¹² Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?' ¹³ Jesus said to her, 'Everyone who drinks of this water will be thirsty again, ¹⁴ but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life.' ¹⁵ The woman said to him, 'Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water.' ¹⁶ Jesus said to her, 'Go, call your husband, and come back.' ¹⁷ The woman

answered him, 'I have no husband.' Jesus said to her, 'You are right in saying, "I have no husband";¹⁸ for you have had five husbands, and the one you have now is not your husband. What you have said is true!' ¹⁹ The woman said to him, 'Sir, I see that you are a prophet. ²⁰ Our ancestors worshipped on this mountain, but you say that the place where people must worship is in Jerusalem.' ²¹ Jesus said to her, 'Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. ²² You worship what you do not know; we worship what we know, for salvation is from the Jews. ²³ But the hour is coming, and is now here, when the true worshippers will worship the Father in spirit and truth, for the Father seeks as these to worship him. ²⁴ God is spirit, and those who worship him must worship in spirit and truth.' ²⁵ The woman said to him, 'I know that Messiah is coming' (who is called Christ). 'When he comes, he will proclaim all things to us.'

²⁶ Jesus said to her, 'I am he, the one who is speaking to you.'

²⁷ Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, 'What do you want?' or, 'Why are you speaking with her?' ²⁸ Then the woman left her water-jar and went back to the city. She said to the people, ²⁹ 'Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?' ³⁰ They

left the city and were on their way to him.

³¹ Meanwhile the disciples were urging him, 'Rabbi, eat something.' ³² But he said to them, 'I have food to eat that you do not know about.' ³³ So the disciples said to one another, 'Surely no one has brought him something to eat?' ³⁴ Jesus said to them, 'My food is to do the will of him who sent me and to complete his work. ³⁵ Do you not say, "Four months more, then comes the harvest"? But I tell you, look around you, and see how the fields are ripe for harvesting. ³⁶ The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. ³⁷ For here the saying holds true, "One sows and another reaps." ³⁸ I sent you to reap that for which you did not labour. Others have laboured, and you have entered into their labour.'

³⁹ Many Samaritans from that city believed in him because of the woman's testimony, 'He told me everything I have ever done.' ⁴⁰ So when the Samaritans came to him, they asked him to stay with them; and he stayed there for two days. ⁴¹ And many more believed because of his word. ⁴² They said to the woman, 'It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Saviour of the world.'

John 4:5-42

Word for the Day

At the well, two people meet in the heat of noon. Both are thirsty, one for water, the other for honesty. Jesus does not shame her story; he listens until the truth becomes living water.

The scriptures this week ripple with that same movement of grace.

In Exodus, God draws water from stone, and grief becomes generosity.

In Romans, suffering leads to hope, and pain becomes the place where love overflows.

And in John's gospel, an unnamed woman becomes the first preacher of good news; her testimony turning shame into invitation.

When we dare to speak our truth before God, we find that the well of love never runs dry.

This is the promise: our thirst is not the end of the story; it is the place where grace begins to flow.

Ideas for Reflection

- Where have you experienced spiritual thirst lately?
- What conversations or encounters have felt like a cup of cold water to your soul?
- How might your own grief become a spring that refreshes others?

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March Church News

Printed copies of Church News are available at the back of the church today.

Also available on-line on the Parish website at:

notes.stlukesekibin.org.au/church-news/church-news-march-2026

For our Prayers

Prayer for the day

O God, the fountain of life, to a humanity parched with thirst you offer the living water that springs from the Rock, our Saviour Jesus Christ: stir up within your people the gift of your Spirit, that we may profess our faith with freshness and announce with joy the wonder of your love. We ask this through our Lord Jesus Christ, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever . Amen.

The World

Pray for an end to the hostilities developing throughout the Middle East region and for those affected directly or indirectly by what is happening.

The Anglican Communion

The Episcopal Church in Jerusalem & The Middle East

The Diocese of Bunbury: †Ian Coutts; Clergy and People

The Parish of St Lucia: Katherine Bowyer, Bill Crossman, Karol Misso, Hugh Begbie
Child Care Centres

Matthew Flinders Anglican College, Buderim: Principal – Michelle Carroll; Chaplain – Kathrin Koning; Chair of College Council – Peta Grenfell; members of College Council; staff & students

Our missionary partners

Parishes in the Western Region (Bush Ministry Fund).

Local Schools and colleges

St Elizabeths Primary, St Agnes Primary, Red Hill Special School

Our parish

Pray for St Luke's Theatre Society as they prepare to welcome their first patrons to our new hall.

Those who are sick, frail or emotionally stressed *

Sandy Tonello, Ryan, Sharon L, Rev'd Shane, Mary Bickerdike, David F, Peter G, Lauren, Rita, Honor, Don, Margaret, Peter F.

From the Parish Book of Remembrance

9 March: Donald Sacre , Margaret Simmons, Alma Joyce Turnbull; *12 March:* Thelma Isabel Anderson; *14 March:* Ian McLaren, Olive Evelyn Carswell.

* Note that our prayer list for those who are sick has been revised, only including those who's names were resubmitted. If you know of anyone else who, with their permission, would like to be added to the list, please email or phone the parish office.

Help needed!

We will be running our Art Show with Lilly-Lee studios in mid May and are looking for someone to help organise it. If this is you, please speak to Rev'd Timothy.



Children's Church

Children's Church for 2026 continues today and throughout school terms. All welcome

Containers for Change

Donate your '10c refund' bottles and cans to St Luke's. Either bring them to church or take them direct to TOMRA (9/655 Toohey Road, Salisbury) and use the parish code: C10686424

Services This Week:

Tuesday 10th March

1.30pm: Holy Communion at Regis Salisbury

Tuesday—Friday

6pm: Evening Prayer (Zoom)

Wednesday 11th March

9.30am: Holy Communion at St Luke's

Sunday 15th March

(Fourth Sunday in Lent)

7am: Holy Communion (St Luke's)

9am: Family Communion and Children's Church (St Luke's/Zoom)

Readings: 1 Samuel 16:1-13, Psalm 23, Ephesians 5:8-14, John 9:1-41

Also part of St Luke's:

Little Angels Tarragindi

Anglican Childcare opening soon:

littleangels.qld.edu.au




St Luke's Theatre Society:
stlukestheatre.asn.au

Keep in touch:

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Parish Wardens:

Brian Wood (0466 656 149)

Offerings:

Bank details
(internet banking):
Anglican Parish of Ekibin
A/C 0000 7820
BSB 704 901



Or scan the QR code to give online:

<https://www.bpoint.com.au/pay/TIM/?BillerCode=1709377>